



MEDYACHTSERVICES

Goes Green

Third Edition | July 2021

Magazine



MYS goes Green

- The Magazine -

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MYS goes Green: Manifesto

As the years go by, we are more and more realizing that the way our global community consumes is affecting our lives and the wellbeing of our planet.

We want to be an active part in building a sustainable future and to contribute to the change we would like to see in this world.

We believe it is our responsibility to “Go Green”.

“MYS Goes Green” is a new project through which we aim to do our part in the global effort to become more environmentally friendly and ecologically responsible.

How are we going to do this?

We will start by changing our approach to business in order to contribute to the maintenance of an ecological balance and to help safeguard nature for current and future generations.

What concrete actions is MYS taking to “Go Green”?

“MYS goes Green” is the ethically oriented commitment of Med Yacht Services to participate in the social responsibility of protecting the environment.

Not only MYS will recommend the use of non-polluting products and technologies (such as natural cleaning supplies and detergents, non-plastic bottles, renewable construction materials, hybrid engines, zero emissions onboard systems etc.) but **we will also get involved in first person.**

The main project we have been working on so far, is the **installation of a Seabin** in the **Old Port of Sanremo**. This device is meant to act as a floating garbage bin that skims the surface of the water allowing the collection of plastics and other kinds of waste from the sea. **The long-term goal is to donate a Seabin to a new port each year.**



Furthermore, we have started to think green
to reduce our environmental impact and resource consumptions.

Our first step towards this direction is providing our clients
with eco-friendly merchandising presented in
an organic cotton 100% natural bag which includes:

- **MYS boxed water:** our promotional water is now green! We replaced the plastic bottle with a eco-friendly packaging in "Gable top" material completely recyclable. This is our contribution to reducing the impact of plastic in the environment;
- **Wooden USB:** pen driven containing our itinerary suggestions instead of printing a book (as we did in the past) reducing a huge paper consumption;
 - **Solid shampoo and body wash:** amenities products packed in carton instead of plastic packaging;
- **Local 0 km extra virgin olive oil and wines from Liguria:** where our offices are based;
 - **Hand sanitizing gel for single use** with recyclable paper packaging.

And more...

Last but not least, we'd like to help you get involved in this campaign by keeping you informed. For this reason, we have created a **"NEWS" section** on our website, where we share, together with our **social media channels**, all of the latest relevant news regarding sustainability in the yachting industry.

We feel that with a small effort, we can make a difference.

We can preserve our planet and protect our seas.

We can do it together.

Do you want to do your part in building a better future?

Help us and make the right choice.

Stay tuned on our website:
www.medyachtservices.com

Med Yacht Services
Team



MYS goes Green: The Magazine

The quote from Mother Teresa is exactly what we wish to communicate with this third edition of "MYS goes Green - The Magazine": our editorial which aims to raise awareness on how essential it is to preserve the environmental impact of navigation.

We take it from here because we strongly believe that each of us plays a crucial role on the future of the planet since our behaviour has a direct impact on the environment.

Even if we feel that our personal contribution is not important and it seems to be just a drop in the ocean, we should always take in mind that the ocean would be less because of that missing drop!

The world of yachting is no longer excluded from the actions that have to be taken for transforming the idea of choosing which direction to go in order to start cruising together in "cleaner" waters into concrete actions.

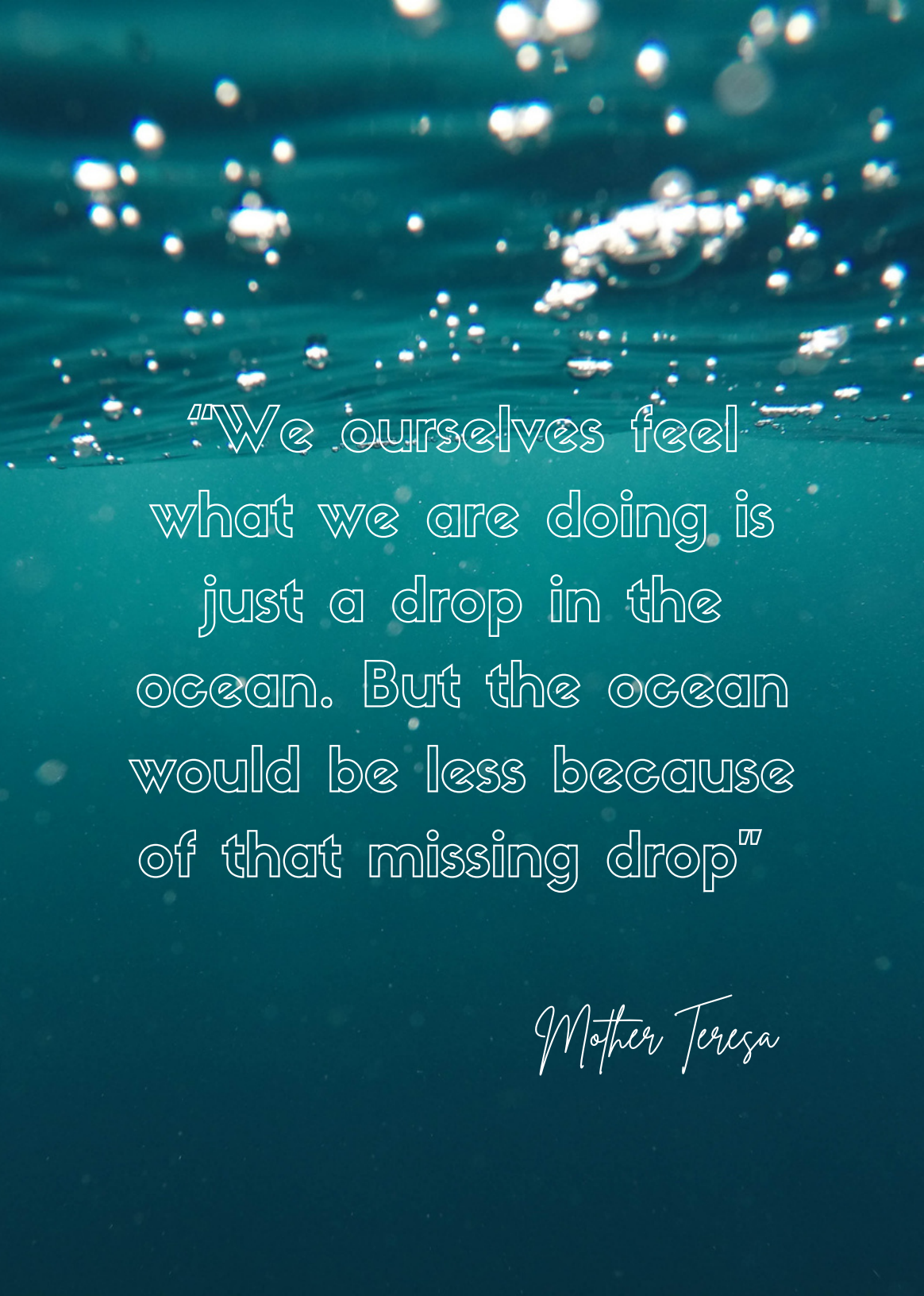
The columns that follow one another in this editorial, stimulate us to keep asking ourselves the question "Why change?", continuing creating **new habits**, new products and technical innovations on the market to get involved firsthand from **the little big things that each of us can do on board** and during navigation. We can rethink our holidays, without giving up the wonders that the sea can offer.

We will discover the increasingly ecological innovations that concern super yachts and we will collect the latest news in terms of events and material information that can support us in this new journey. And finally....you'll find some interesting "**Stories of the Sea**" where we share some of the most significant stories that have been part of this always exciting journey, from our closest friends, clients and suppliers.

This is a promise: when the direction is the right one, the wind will help us navigate safely towards the goal.

Enjoy the reading!





"We ourselves feel
what we are doing is
just a drop in the
ocean. But the ocean
would be less because
of that missing drop"

Mother Teresa



Breaking News!

19 | 06 | 21

"A SEABIN FOR SANREMO"
PROJECT HAS COME TRUE!

We have installed the first Seabin
in the Old Port of Sanremo!

Seabin: the project has come true!

We are more than glad to open the third edition of "MYS goes Green - The Magazine" with a great news: **the installation of the first Seabin in the Old Port of Sanremo!**

We have been working on this project no stop over the last few months and after more than one year we can finally say that it has come true! We have celebrated this great achievement with the other partners involved in the opening ceremony that took place at the Yacht Club of Sanremo, on Saturday June 19th 2021.



We have realized this project in partnership with the Municipality of Sanremo and in collaboration with other local operators: Oceanis Yachts, I Deplasticati, Sanremo Mare, Autocarrozzeria De Matteis, Marine Electric, ElleElle Studio, LM Nautica Ship Chandler, Cantiere Nautico F.lli Diurno, Alessandro Caisotti and Yacht Club Sanremo.

We have decided to donate a Seabin to the old port of Sanremo as we wanted to be an active part in building a sustainable future and, as yacht agents, we have started from what we do love most: the sea! And we could not be happier since the seabin is already working to make our sea cleaner!

But first let's take a step back to see what is a seabin and how does it work.

What is the seabin?

The Seabin is essentially a **waste collection basket floating on the surface of the water**. It is an Australian invention borned from the intuition of two young guys passionate about the sea: Pete Ceglinski and Andrew Turton. **It all started with a simple idea:** "If we can have rubbish bins on land then why not have them in the water?" and then the journey began!

It acts as a floating garbage bin that skims the surface of the water allowing the collection of plastics and other kinds of waste from the sea. Depending on the weather conditions and the volume of garbage, **it is able to capture about 1.5 kg of waste per day, that turns into, over 500 kg per year**. It also collects microplastics from 5 to 2 mm in diameter and 0.3 mm microfibers and many common waste that ends up in the seas such as cigarette butts, cotton buds and more.

It has been designed to be placed near floating docks, marinas, private jetties, waterways, residential lakes and yacht clubs. It can also be mounted directly on a yacht. The Seabin is fixed to a dock with the upper part of the device at a surface level.





"If we can have rubbish bins on land then why not have them in the water?"

Thanks to the spontaneous action of the wind and the currents, the debris will convey directly into the device. The water pump, connected to the base of the unit, is capable of treating 25,000 liters of sea water per hour. The waste is captured in the bag, which can contain up to a maximum of 20 kg, while the water flows through the pump and returns to the sea. When the bag is full, it is emptied and cleaned. Inside Seabin there is also the possibility of inserting a filter to separate water and oils, so that only clean water flows into the sea (Source: Lifegate).

The Seabin has already arrived in many Italian and foreign ports: **860 Seabins have been installed worldwide** and now it has finally arrived to the Old Port of Sanremo as well!



Maps of Seabins intalled worldwide. Source: Seabin Project

Our long-term goal is to donate a Seabin to a new port per year, starting from where our offices are located. We really hope this project will help to raise awareness among people and institutions and that it will encourage other operators to move their first steps to make our seas cleaner!

Why Change?



Cruising towards
new horizons

MYS goes Green



Why change?

The protection of Cetaceans in the Mediterranean Sea

When we talk about the protection of the marine environment and its inhabitants, we immediately think of cetaceans. Along with these there are also other marine species that are protected like sea turtles and some species of sharks, such as the white one, but it is clear that the protection of these species must go through various actions that are often complex and very difficult to apply.

The most important action of safeguarding the species is clearly not killing them: after the whale and sperm whale hunting and the killing of dolphins to make dried fillet, even in the Liguria Sea, finally, in 1978 the hunting and fishing of any cetacean and marine mammal was prohibited. So, starting from the fact that there are no more intentional killings, we just have to try to limit the damage caused by human activities: **the first human activity that has direct interaction with cetaceans is fishing.**





Why change?

Until 20 years ago, swordfish fishing with drift-nets was the cause of the death of thousands and thousands of cetaceans in the Liguria Sea and throughout the Mediterranean, from dolphin to sperm whale. These nets have been banned since 2000 and can no longer be used in the Mediterranean.

Unfortunately, however, there are still areas in which they are used illegally, clearly in much smaller numbers than before. **There are other fishing activities that have an indirect impact:** sometimes cetaceans go and steal the fish directly from the fishermen's nets, thus remaining entangled and imprisoned in them. It remains a problem that must be carefully monitored, since it is the obvious cause of death when a cetacean is found beached with a piece of net around the tail or in the stomach, or when it is even suffocated.

Another element that strongly impact their health is sea pollution, especially plastic pollution. Unfortunately, some species of cetaceans very often eat large quantities of plastic.

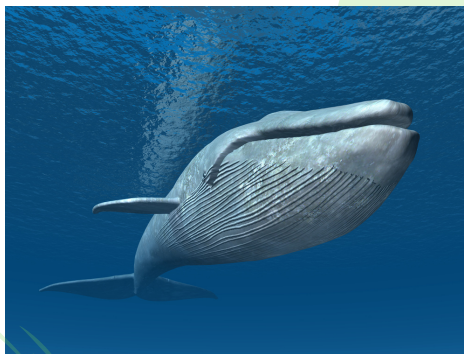
This is because the plastic has a consistency in the sea that is very similar to that of the prey they eat, which are mainly cephalopods, very often exchanging them through their bio-sonar with plastic bags. In addition to macro plastics, or those that we can see with the naked eye, there are micro plastics that form the so-called "invisible" pollution, that now are simply everywhere. Another type of "invisible" pollutant is the well-known PCP or flame retardants: those substances that are placed in most of the furniture, in the surfaces of objects, to prevent the spread of fires, which are then dispersed in the environment causing serious damage.





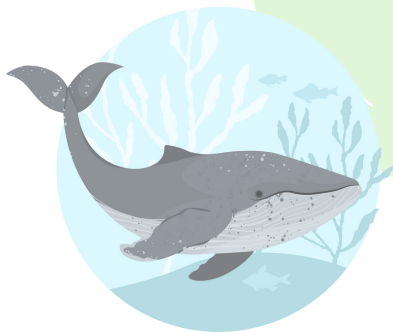
Why change?

How do they act on the cetaceans? When the cetacean eats it tends to accumulate these substances in the subcutaneous adipose fat. When the adipose fat is used for reasons, for example, of sustenance, the substances go into circulation. The same do not directly kill the cetacean by poisoning, but the main effect is that of lowering their immune defences.



By lowering the immune defences certain pathogens, viruses or bacteria that would normally be harmless, develop causing epidemics. In most cases of stranded cetaceans, the search for these viruses and bacteria has begun and a number of different types of pathogens have been found, from Morbillivirus, which is the most famous, to herpes virus and other bacteria, all of them clearly which are always present in nature, but which in some cases can cause major epidemics.

Another important aspect concerns maritime traffic and collisions. Many times it has happened to see dolphins playing under the bow of a boat. In this case, it rarely ends with the collision and death of the animal. Accidents occur in some cases with whales being killed by ships or sighted with propeller marks on their backs.



A possible solution might be the decrease in speed: it has been seen that by decreasing the speed of large ships (container ships, oil tankers, etc.) to a speed lower than 13/12 knots, the collisions practically cancel out. This happens because whales and cetaceans sleep on the surface with, it is said, "half a brain at a time" and during sleep they do not notice the arrival of a ship traveling at 25/30 knots in time.



Why change?

In addition, **another problem is the noise pollution**. Sea noise pollution is a huge problem for cetaceans as they communicate through sounds. They emit sounds that are used both to echo-locate prey with their bio-sonar and to communicate with each other. It is clear that in recent decades the noise at sea has increased exponentially.

Noise that is given by various human activities (works, etc.), or the one from the engines of both large ships and small boats. Obviously there is a difference between the noise of a commercial ship which, working mainly at low frequency, has a greater range of disturbance than the noises of leisure boats. However at a local level the disturbance exists and it is even more serious during summer when in certain areas, especially below the coast, there are dozens and dozens of boats. Consequently, cetaceans tend to avoid these areas and move away.

These are some of the problems that afflict the species in our seas to which we must add all the others present on a global level, such as climate change that causes serious damage to marine ecosystems. It is important that man begins to do his part towards their protection and it is important to remember that the sea belongs to everyone, but first of all to the animals that inhabit it.

**the sea belongs
to everyone,
but first of all to
the animals
that inhabit it**



Federico Garibaldi



Why change?

Seeding the sea

Have you ever thought you could "reforest the sea"?

Now it is possible, thanks to LIFE Recreation ReMEDIES, a project launched in the United Kingdom to reforest around 8 hectares of seagrass meadows.

Volunteers are already at work and it is estimated that it will take about 4 years to complete this first ambitious project. The new 'Marine Forest' will be home to 160,000 fishes and 200 million invertebrates.

By now the seabed has been severely compromised by the thoughtless behaviour of many industries, the exploitation of the seas caused by intensive fishing and the unsustainable paradigm in which we have been living, especially over the last century.

Pollution of the oceans, warming of the seas and acidification of the waters - the situation has reached such a critical point that the United Kingdom has estimated that around 90% of the seaweed beds in its territorial waters have been destroyed over the last century.

**The new
'Marine Forest'
will be home to
160,000 fishes
and 200 million
invertebrates**



Source: LIFE Recreation Remedies





Why change?

This is a huge loss, considering that seagrass beds play a crucial role in regulating CO2 levels in the atmosphere. Infact marine vegetation has 35 times the absorption capacity of terrestrial tropical forests.

The LIFE Recreation ReMEDIES project literally aims to "seed" the seabed with the support of a large number of volunteers.

In addition to this, other key steps of the project focus on round table discussions with port authorities and staff to assess appropriate locations for new environmentally sustainable moorings, as well as a budget for up to 76 moorings to be tested against high water protection standards. Last but not least they have organized different informative seminars and webinars in collaboration with The Green Blue and Ocean Conservation Trust, including the interesting "Anchoring and mooring with care".

There are other similar projects in Europe, among them the Project Seagrass in Wales. They are all a source of inspiration and an excellent example to follow to reforest and repopulate our seas. Happy seeding!

THE IMPORTANCE OF SEAGRASS



SEAGRASS MEADOWS PROVIDE VALUABLE NURSERY HABITAT TO MORE THAN A FIFTH OF THE WORLD'S LARGEST 25 FISHERIES.

SEAGRASS BEDS PROVIDE HABITAT FOR ANIMALS, INCLUDING MANY RARE AND ENDANGERED SPECIES.

SEAGRASS FIGHTS CLIMATE CHANGE
SEAGRASS IS A CARBON SINK - IT REMOVES CARBON FROM THE ENVIRONMENT AND LOCKS IT AWAY IN THE SEABED

SEAGRASS CYCLING NITROGEN
SEAGRASS ROOTS, KNOWN AS RHIZOMES, ARE NITROGEN FIXERS. THEY TAKE EXCESS NITROGEN FROM WASTE OUT OF THE WATER MAKING IT CLEARER

PROTECTING OUR COASTS
THE ROOTS OF THE SEAGRASS HELP TO BIND THE SEDIMENT OF THE SEABED TOGETHER, STOPPING IT FROM WASHING AWAY. THE SEAGRASS ITSELF TAKES ENERGY OUT OF THE WAVES, PREVENTING THEM FROM DAMAGING OUR COASTLINES

7%	92%	4
OF TOTAL SEAGRASS AREA LOST PER YEAR	OF UK SEAGRASS LOST IN THE LAST CENTURY	SPECIES OF UK SEAGRASS



LIFE RECREATION REMEDIES (LIFE10 NAT/UK/000039) IS FINANCIALLY SUPPORTED BY LIFE, A FINANCIAL INSTRUMENT OF THE EUROPEAN COMMISSION.

Source: Facebook LIFE Recreation ReMEDIES

Silvia Crawford





Why change?

More masks than jellyfish?

The covid emergency has brought unexpected consequences on the environment. While on one hand lockdown has made our seas 'breathe', on the other hand it has brought a new threat: **more potentially harmful microplastics in the environment due to the massive use of disposable face masks and gloves.**

According to a research made by Polytechnic of Turin, about 1 billion masks were used in Italy each month during the "phase 2". Those disposable face masks are made from a variety of meltblown plastics and are difficult to recycle due to both composition and risk of contamination and infection.

Have you ever wondered what happens to these disposable masks once they are discarded? If even only 1% of them were discarded incorrectly, that would result in 10 million masks per month dispersed in various ecosystems. As a matter of fact the improper disposal of single-use plastic PPE has already led to a surge in plastic pollution, most notably in our oceans and waterways.



The world risks having more masks than jellyfish in the oceans due to the consequences of producing billions of items of PPE



According to a research made by ESCP Business School, the world risks having more masks than jellyfish in the oceans in the near future due to the consequences of producing billions of items of PPE. A very alarming data considering that masks will take as long as 450 years to break down, slowly turning into micro plastics while negatively impacting marine wildlife and ecosystems.



Why change?

Not going so far, an example comes from Italy, where in the harbour of Ancora, **last April have been recollected more masks than plastic bottle!** The good news is that in the harbour of Ancora (that is about to be qualified as Hub in the Blue Economy research), it is actively operating Pelikan, the 'sweeper' boat that cleans up the sea. It is an anti-pollution system entirely made in Italy, created by the Garbage company, based on an ecological boat that cleans the sea of waste. The Pelikan system was born in Ancona but it has already been exported to Malesia, South America, Canada and Middle East.



Source: Garbage Group

Pelikan is the 'sweeper' boat, an anti-pollution system entirely made in Italy based on an ecological boat that cleans the sea of waste.

Despite this, we must not let our guard down as we all play a crucial role in the future of our environment. The additional plastic pollution created by the COVID-19 pandemic is just a part of a much larger problem. While this problem is not new, the urgency of the call to action grows louder as the plastic piles up.

It's our duty to dispose our masks responsibly!

Chiara de Girolamo



Why change?

Why should we change?

We had the opportunity to ask the question that opens our editorial to Tito Melchiorre, Direct Sales Representative who is actively collaborating with the Company **NWG Italy, a benefit corporation that has been operating in the renewable resources sector for 18 years.** In 2014 was founded **NWG Energy, another benefit corporation with the aim to supply 100% full green energy.** A revolutionary and ambitious project that allowed both companies to obtain the B Corporation certification.

Why should we change? How can a well-established company like NWG Italy inspire other companies, including the nautical industry, to change?

Tito told us the reason why he decided to start a collaboration with NWG in 2013 and take up a new career. He also explained us the key factors that according to him made NWG a successful Company: "the opportunity to offer a convenient product or service to customers and a benefit to the environment and the ecosystem at the same time. These two elements must be the priority, and when combined together, they create a **competitive** advantage for the business and bring to the Company development".

So basically it is a revolution of the traditional corporate approach used by most of the Companies that put business goals at the first place.

"Another key asset at NWG is the teamwork and the opportunity to create a network of collaborations. Every decision is the outcome of the feedback of the entire sales team.

A Company that relies on a network marketing based system, is company that will be able to adapt quickly to the continuous evolution of the market. **Working for a common purpose is what makes every effort and commitment rewarding,** as our aim is to improve the quality of life of our community for a more sustainable future.

"Personally", says Tito "one of the reasons why I have chosen to work for NWG - in addition to my interest in joining a leading Company of the renewable industry - was the opportunity of achieving the revenue goal that would have allowed me to build a water well in Kenya".





Why change?

NWG Italy has been a partner of Amref Health Africa since 2003, and since then it has launched a project to build water wells in Africa to provide daily help to entire families. That's why in 2012 NWG was awarded as the best company in the world for the construction of water wells in Africa.



A picture of the opening ceremony of the well donated by the Melchiorre family in 2016

"The question I ask myself everyday is whether today I will be an added value for people and for the environment. By keeping this objective firmly in mind the other goals, related to business and revenue come as a consequence".

We wish this example might be a source of inspiration to other companies to create a new way of doing business. A business model that puts people, the environment and health at the first place. Because only if we take care of ourselves and our future generation, we can ensure a sustainable future for our planet.

The Circular economy, as well as paying attention to raw materials, consumption and every small gesture, can really make a difference. Choosing to be entrepreneurs and doing business consciously can change the course wrongly traced in recent decades.

Silvia Cuffardi



Nautica Green



Rudder of
innovation

MYS goes Green

Electric engines? Let's start from the tender!

- Air pollution caused by a boat internal combustion engine emit up to a hundred times the amount of pollutants of a car diesel engine.
- Cruising for an hour with a 80 HP engine is roughly equivalent to the polluting emissions of 350 cars driving on the motorway for an hour.
- One single drop of petrol can pollute 1,000 litres of water.

Did you already know these statistics?

The attention to the environmental impact in the ship industry has been increasing over the last few years, even if with a delay compared to other sectors (just imagine how many innovations have been implemented in the automotive sector).

The lockdown we had to face during the pandemic, has highlighted even more how imperative a sudden change is to reduce man's impact on the environment.

Thanks to the latest technological innovations we do not have to renounce to the thing we love, but we can just do them in a different way. Today a more sustainable navigation is possible, and a lot people choose to start from the tender.

Nowadays there are lots of electric engines available in the market with different power ratings and sizes to suit everyone's need.

We understand that there is still a lot of scepticism about electric long-distance sailing because when a revolution happens, the change is not immediate, and there is always a transition phase. That's why in this edition of the magazine we have decided to focus on tenders.



**3 keywords: efficient, silent
and responsible boating**



Nautica Green

5 reasons for choosing an electric engine for your tender



- **Pollution:** compared to traditional combustion engines, electric engines reduce water pollution considerably for two main reasons: they do not release any exhaust fumes into the water and there is no risk of fuel or oil spills.
- **Silence:** electric engines are extremely silent because they produce less vibration, a great advantage for you and the underwater fauna. The only sound that will accompany your trip will be the crashing of the waves! they do not disturb navigation or underwater fauna.
- **Simplifies the routine on board:** recharging batteries in the harbour is quick and very easy. Some models can be recharged directly onboard with a 12/24 Volt socket or at the pier. The latest innovations also allow to charge the batteries via solar panels or even autonomously thanks to propellers that act as hydro-generators to provide clean and free energy.
- **Safety:** you don't have to worry about running out of power, there are back-up batteries available.
- **Easy to handle, easy to store:** some engines weigh 15 kg. Together with battery and tiller, they can easily be stored individually without any fear of oil or fuel leaks.



If you still have any doubts, then think about the following three keywords: efficient, silent and responsible boating.

The famous brand Torquedo has been recognised as market leader in electric outboard engines, offering a wide range of models including the "Travel 1103", the new "Travel 603 i cruise", as well as sustainable accessories such as spare batteries and portable solar panels. **The revolution has already started. Let's travel together towards sustainability!**



Lorenza Di Feo



Nautica Green

Green textile

We are living in a historical moment in which the debate on environmental health is becoming increasingly important. The problem has also arisen for **the textile sector**, which **accounts for 20% of global water waste and 10% of carbon dioxide emissions**. A strong signal, which inspires numerous companies in the sector to follow the philosophies of no-waste and propose recycled fabrics on the market

The recycling of textile materials has always been an industrial process idea of many companies, which rethink the way of producing by inserting waste materials from production cycles for new processes. It is considered a virtuous practice, but only some time ago it was highly possible that someone, on a communicative level, would find it not very appealing. Today this view has changed and many have paid particular attention to this sector.



Among these, the craftsman Danilo Araldo and the interior designer Catia Paoli of the company "Il Tappezziere - The second skin



of things" have begun to take small but still important steps in a yacht design key towards the creation of eco-sustainable nautical furnishings and upholstery.



Nautica Green

Their vision involves collaboration with suppliers of high-level fabrics, silks and cottons while respecting the environment and the individual. As an example, all their ecoleather for outdoor cushions are free of formaldehyde (one of the most common indoor pollutants), heavy metals, mercury and solvents (water-based production cycle). Furthermore, they use recycled pvc material to make new pasta with the same material, thus avoiding a strong source of waste and pollution. A huge pride for the company are precisely the **raw materials of natural origin and quality**



that are used within its production process which guarantee a unique, timeless product that has always been esteemed and appreciated by customers. At the same time, they also offer refitting solutions, designed in the same way to give new life, or better, "**a second skin**" to **every area of the boat**, avoiding their replacement and consequent disposal.

There are many initiatives such as those of Danilo and Catia that are moving attention towards this type of fabrics and their use. When customers look for a new boat they ask if there are sustainable alternatives available that can be used on board, it means that, even if still a small percentage, some people are becoming aware of environmental issues and are trying to do their part. There are other companies involved in the production of fabrics made with yarns recycled from plastic and others have also managed to produce fabrics with fishing nets abandoned on the seabed. **Imagine, rethink, act.** These are the principles that govern the circular economy, an economy that is gradually involving sectors like this towards a real green direction.

Green composite fibres: why choosing Bamboo

Have you ever heard of green composite fibres? When people talk about sustainable boats, they almost think about the propulsion systems. However, the world of the "nautica green" now also extends to the materials used to build cabin cruisers, yachts and sailing boats, affecting the construction process and above all the disposal of these units.

Over the last 70 years, fibreglass has been the most widely used material in boat construction worldwide. Today, however, its supremacy is being challenged not only by more advanced technological materials, such as carbon in the quest for performance, but also by materials that are completely new to the nautical industry and, above all, 100% natural. Among them a great alternative is the bamboo fibre. Thanks to its aesthetic qualities and its features, the bamboo fibre is becoming one of the most used green alternative in the nautical industry. **Three times lighter than fibreglass, with a density of between 0.7 and 0.9, bamboo has mechanical characteristics equivalent to fibreglass, while being absolutely more ecological.**

Bamboo fabrics should soon be used for interior design, furniture and interior additions to yachts and sailing boats. In addition to this, a structural use of bamboo could soon see the light of day! Some tests are underway by VCobratex Company in partnership with the EcoTransat association. One of the designers in Italy who has been working on implement the use of bamboo fibre in the nautic, is the aerospace engineer Davide Tagliapietra, a former member of Luna Rossa's design team. In collaboration with the Politecnico of Milan, Tagliapietra has designed the 50 Green Cruiser, a sailboat conceived with a structural spider where glass has been replaced by unidirectional bamboo fibre to be impregnated in epoxy.

New Habits



It is time
to veer

MYS goes Green

Four-legged friends on board!

It's holiday time!

Have you considered to bring your four-legged friends with you?

Even if you are going to travel by boat, there are just a few arrangements to care about, so you can spend your holiday together in the best possible way!



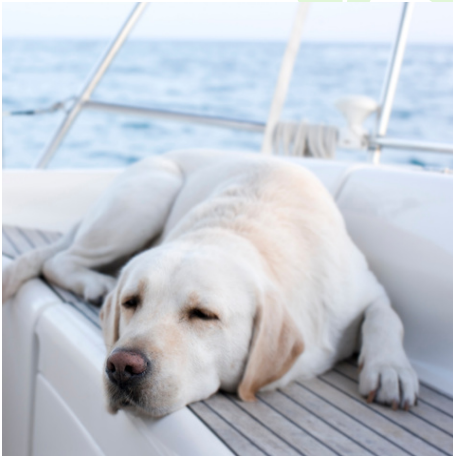
The feeling of being on board can be very different for each dog, but there are some general precautions to bear in mind in order to enjoy this experience at its best. Let's start from the very beginning...

The gangway for getting on and off the boat must be comfortable and must have the right size. It is advisable to let your four-legged friend try it out a few times before setting sail because this passage could result unpleasant and the dog may need time to get used to it. It is extremely important to have an adequate area of shade on board as well as water always available. In addition to this, it could be very useful to equip the boat with a protective net (for example it can be attached to the runner) for a safer navigation and anchoring, even with the dog moving on board.

Another important aspect to take into consideration is a life jacket for your dog to wear during navigation: there are several types available on the market and you can secure it with a leash or a rope along the safety lines.

Another important aspect to take into consideration is a life jacket for your dog to wear during navigation: there are several types available on the market and you can secure it with a leash or a rope along the safety lines.

If you want to take your dog ashore for a walk, you should have a suitable tender at disposal. It will be very useful to let him wear a life jacket with a handle when getting off the boat so that, if he ends up in the water, it is easy to get him back on board avoiding any traumatic or stressful situation.



We should always take in mind that dogs can also suffer from sea sickness, just like us. The most common dog's symptoms are shortness of breath and an abnormal increase in salivation. That's why, before embarking on a long cruise with your four-legged friend, it would be better to let him try short sailings first, to observe his behaviour. If necessary you can then consult a veterinary and ask for some suggestions.

Among the natural remedies, ginger is a great option for seasickness for both humans and animals. Ginger should be used in dry extract (because the fresh one would be too spicy for the dog) with a dosage varying from 25 to 75 mg depending on the size. It should be used about half an hour before departure and every 2-3 hours during the journey.

Don't forget that it is also possible to choose eco-sustainable products for your four-legged companions, from food to your "travel kit", **everything now can be green, even on holiday!**

Silvia Cinquardi

The evolution of the Personal Water Craft

In pursuit of the next generation of eco-friendly water toys, Taiga is an innovative company, a true trailblazer in the Personal Watercraft sector.

The Orca PWC has got to be one of the best performing, well-designed electric PWC's aka jet ski on the market, jam-packed with dynamic user features as well as the speed, torque, and range to match and exceed any conventional PWC on the market today.

Effortless energizing, no refueling, and no engine maintenance, just unplug and hit the water. Orca's connected dashboard opens up new horizons for outdoor adventures. Orca introduces a new era of design sophistication for personal watercraft, from its aerodynamically sculpted body to its unique seat design. At the same time, it retains the unmistakable Taiga DNA, from the organic hyperbolic upper profile lines to the signature lateral fins.

Taiga Motors has launched their first electric personal watercraft "Orca", representing the next phase in a new segment of personal watercraft, defined by luxury, high performance and connectivity



Taiga's electric drive platform integrates a jet propulsion system that sends the craft gliding silently across the water with precise control. Orca features a full carbon fiber hull construction, clean puristic body lines, and a floating seat made possible by the absence of a combustion engine.

At under 600lbs (270kg) ready to drive and up to 180 horsepower available with instant torque, the craft offers leading power to weight and agility for an unmatched ride experience. With an incredible top speed of 65mph (104km/h) and an est. range of 32nm (60km) or 2 hours breaking water and having fun.

Orca is more connected with PS, LTE, Wi-Fi, Bluetooth, wireless updates, configurable parameters, and an all-in-one display. It is available in 2 main models Sport and Performance with a variety of mind-blowing specs and they also have a premium version with a full carbon body.



Jonathan Furberg

Haka Rowing

In the last two editions of our Magazine, we have told you about the electric push scooter and the water bike as sustainable means of transportation by land and water; in this new edition we would like to focus on the sea to talk about **an innovation that has combined rowing and sailing in the same boat**. How is this possible? The new international "Haka Rowing" class does explain it.



Sailing has always been the sport that most attracted sea lovers, and year after year it has seen an increase in the number of people practicing it. In the nautical history the sailing propulsion has given a new impulse to navigation, that's why the maritime culture is deeply attached to this ancient discipline, even if it was born only after the practice of rowing.

Rowing, on the other hand, from being a "must-do" sport for seaside destinations, has gone through an almost purely agonistic evolution in the last few years, until substantially disappearing from coastal towns and villages. But now **something is about to change**. To bring the oar back to the beaches and the cities, from France have arrived the first examples of rowing boats usable even with rough sea.



They are equipped with self-priming hulls similar to those of the sailboats, open at the stern, and therefore they are able to dispose of the water embarked through the wave motion. The new measures of adaptation to the sea of the rowing boats, have made possible the fusion of sailboats with rowing boats, thus creating the **international class "Haka Rowing"**: the proper rowing boat is replaced with the sailing boat of the "Laser" class, a very popular model used for both competitive purposes or for training reasons in sailing schools.



The Haka Rowing class uses a "rowing bench" that is applied inside the Laser, transforming it from a sailing boat into a rowing boat

But how is it possible to switch from one mode to another? The Haka Rowing class uses a "rowing bench" that is applied inside the Laser, transforming it from a sailing boat into a rowing boat. The assembly of the device does not involve any structural changes: the Laser, once removed the rowing bench, returns to being a sailing dinghy.

The versatility of the Haka Rowing has been particularly appreciated by sport federations, that have already launched a new project to involve all the affiliated partners that also own Laser class boats. Haka rowing has become to all intents and purposes an interesting project for the development of recreational sport activities, combining the practice of sailing and other sea sports with coastal rowing. Last but not least, it perfectly fits with the **new proposals of creative and sustainable mobility**, with the final goal of raising awareness towards the use of more sustainable boats.

Chef on board: cooking meets sustainability

Did you know that the Italian edition of the Lagoon 55 World Tour has started exactly from Sanremo, Portosole? The brand new model of Lagoon will sail across the Italian sea for the whole summer before heading to the boat shows of Cannes and Genoa next autumn.

Many events took place during the catamaran's first week of the Italian tour, including visits on board and sea trials, with performances beyond the expectations. It was a great opportunity to try different experiences on board, and among them to enjoy a lunch cooked by Samuele Maio - a young Chef from Imperia and owner of the Casa della Rocca Restaurant in Dolcedo located in Imperia - who was invited to test the new catamaran's cuisine.



The spacious kitchen has turned out to be the perfect setting for preparing a truly delicious lunch, that was served in a large and comfortable table up to 12 people. Samuele cooked two traditional western Ligurian dishes: trofie pasta with pesto sauce and Sanremo prawns with asparagus and edible flowers.

He explained that the real "secret" for a superb dish is using first quality natural ingredients. The scent of fresh basil and the colours of the flowers made the dishes prepared by Samuele two truly masterpieces.

The second course deserves a closer look because the purple prawns, also known as Sanremo prawns (*Aristeus Antennatus*), are a real resource for the local economy, as explained by Dr. Fulvio Garibaldi - marine biologist and professor at the University of Genoa, who gave us more information about sustainable fishing.

Sanremo shrimp fishing takes place in the canyons along the coast from Capo Mele to Ventimiglia at depths ranging from 500 to 700 metres (at depths below 50 metres it is prohibited) using trawls made of a 40 mm mesh. This type of fishing is permitted almost all year round, but is more abundant during the summer season. Controlled fishing is what make this activity sustainable. As always, it is a delicate balance between the local economy and the traditional fishermen's activity, and the safeguard of the marine fauna and the ecosystem.



Cooking on board can really be a magical experience, and thanks to Samuel we had the opportunity to enjoy a perfect time made up of flavours, fragrances and imagination. In addition to this it was also a moment to think about the importance of choosing natural ingredients and raw materials that respect the eco-system. Only if we start to pay attention to these simple daily acts, we will be able to define new habits and change our approach to the sea and the environment.

Experiences & Destinations



Finding new
routes

MYS goes Green

Santo Stefano al Mare shoal: an underwater paradise

Santo Stefano al Mare shoal, located halfway between Imperia and Sanremo, is an area well known to diving enthusiasts and it is **one of the most interesting underwater locations of the Ligurian Sea**.

The promontory stretches for about 8 km with a depth varying from about 20 to 40 metres, and boasts a seascape rich in biodiversity. It is about a mile and a half from the coast and it guarantees a smooth and easy diving experience for everyone.



Fonte: lastampa.it

At an accessible depth it is already possible to see both **Poseidonia meadows** and **coralligenous concretions**: a type of substrate created by marine organisms. For more experienced divers, a little further out, there are other deeper shoals perfect for a technical diving experience. This particular feature is what makes this area so famous and fascinating at the same time. The large Poseidonia meadows act as a home for many marine species that come here to reproduce. It is an ideal habitat for groupers, scorpion fish, salps, lobsters, cuttlefish, squid, sponges, anglerfish and St. Peter's fish but



Fonte: Riviera24

also for barracudas, snappers, sunfish and catsharks which are attracted by the enormous presence of small fish and crustaceans. In short, **where there are Poseidonia meadows, there is life**. It is important to know that the accumulations on the beaches of these plants, which are usually seen as waste, are actually an asset for our sea. They also act as natural barriers to the coastline, holding back the waves and preventing erosion.

This stretch of sea is also known for the presence of the **underwater wreck of the BR20 Cicogna**, lying on the sandy seabed at 47 metres. This is a twin-engine medium bomber, produced FIAT Aviation in the 1930s and used during the Second World War. It is still one of the best preserved aircraft wrecks in the entire Mediterranean Sea.

There is also a **Roman wreck**, a vessel sunk at a depth of about 58 metres, whose presence is shown by dozens of mostly intact terracotta amphorae dating back to the 1st century B.C. It represents one of the most important proof of the maritime traffic of the Ligurian coast during the Roman period.

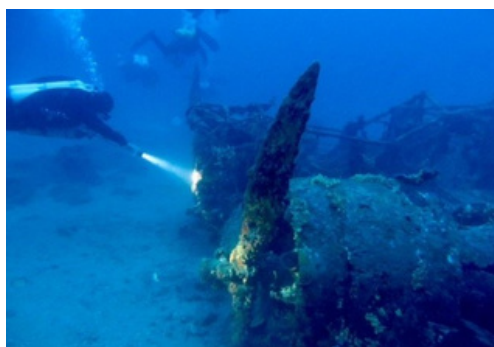
The Municipality of Santo Stefano has implemented a new project that involves the use of a **multifunctional hall as an interactive museum**. At the same time, an underwater video surveillance system has been set up to allow the live transmission of images from the seabed, ensuring the interactivity of the historical and archaeological heritage.



Fonte: diving liguria



Fonte: Nautilustdc



Fonte: Incantoblu

The creation of an underwater video surveillance system guarantees the proper protection of the wreck, as well as a constant monitoring with non-invasive methods: the underwater video system, connected to a transmission system on a floating buoy, is powered by a solar panel system.



Fonte: Riveratime

The images are sent live to the museum, a multimedia, **sensory exhibition space with a life-size reconstruction of the wreck**. There is also the possibility of constantly viewing images of the wreck and taking a virtual trip to the bottom of the sea, thanks to a set design that reproduces sounds, lights and colours typical of the underwater habitat.

In short, if you are a sea lover and a you are fascinated by the underwater life, this stretch of coastline is definitely a must-see for this summer!

Federico Garibaldi

Balzi Rossi: a corner of paradise at the border of Italy

Just a stone's throw away from the French border, the town of Ventimiglia in Italy is home to a truly corner of paradise where you can discover history, enjoy the sea and taste the traditional cuisine of the Italian Riviera. Balzi Rossi is a unique place, famous throughout Europe for its Archaeological Site and its museum, its enchanting beach, as well as its fine restaurant.

A journey through history, nature and culinary traditions



Fonte: Italian Riviera

THE ARCHAEOLOGICAL SITE

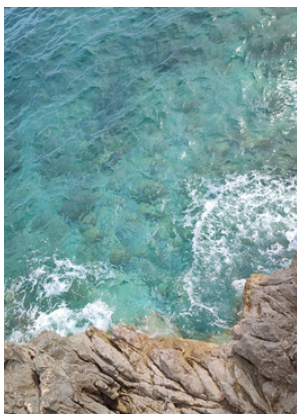
Are you passionate about history? In Balzi Rossi you can **experience a 25.000-year plunge into the past and discover the life of the prehistoric man** in one of the most important archaeological sites in the Mediterranean representing human history. The research and excavation works started at the beginning of the 19th century and in 1898 a Prehistoric Museum was established to keep the exceptional artifacts that were found, such as stone sculptures, icons and different kind of tools used daily by the prehistoric man.



The archaeological site also hosts some caves, located behind the Museum, that can be visited crossing a proper path. The Caviglione Cave, one of the most unique caves in the world, was home to the discovery of skeletons dating back to the famous Palaeolithic triple burial of three men (one adult Homo sapiens and two younger ones) buried with mammoth ivory, shells and deer teeth. In addition to this, in the cave you can also admire the famous wall engraving of the wilde horse, which has become the symbol of Balzi Rossi.

THE BEACH

Not far from the museum and the caves, you can admire the “Balzi Rossi” beach, surely one of the most fascinating beaches in Liguria. The Balzi Rossi beach is a public beach boasting a reddish cliff wall overlooking the crystal-clear sea, that gives the name to this unique and unparallel location of the Italian Riviera. If you are passionate about diving then you will can not miss exploring the seabed for an unforgettable underwater experience. This beach is definitely the right choice if you are looking for unspoilt nature.





If you are looking for comfort, service and attention to details, then the private beach “Spiaggia delle Uova” – Egg Beach – is perfect for you. Its name comes from the particular shape of its pebbles, which remind some small eggs due to their spherical shape, white colour and perfect smoothness. The elegant sunbeds and white umbrellas, the gourmet restaurant specialised in sea-food dishes, and a special lounge-bar service on the sea shore at sunset, make this beach even more exclusive. Last but not least, a tender service provides transfer from the boat on request.



Fonte: TripAdvisor

THE RESTAURANT



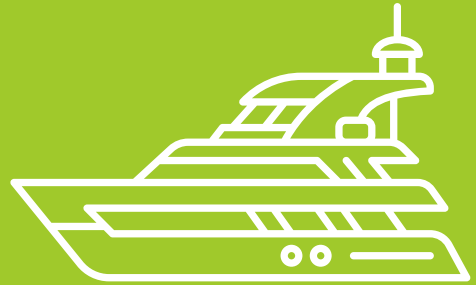
Fonte: TripAdvisor

The famous Balzi Rossi Restaurant is a place you can not miss if you are passionate about gourmet cuisine. Over the past few years it has been awarded as the best restaurant in Liguria and one of the best in Italy! An elegant, modern and refined setting, with breathtaking views over the Gulf of Menton. It is just the perfect place to taste the best of the Ligurian culinary tradition, enhanced with a gourmet touch.

Balzi Rossi is definitely a must-see destination to discover the Ligurian territory at its best: through its culture, its traditions!

Lorenza Di Feo

Super Yachts



Beyond
any limit

MYS goes Green



Lürssen: the pioneers' family

Did you know that the first world's motorboat was created by the grandfather of Peter Lürssen, CEO of Lürssen? Today the company is back to the origins as it has just announced the launch of a brand new project which is incredibly innovating: **the first superyacht powered by hydrogen fuel-cell technology.**

The fuel cell is flanking the conventional generators and is a big step to an emission-free superyacht. This innovative technology will make it possible to anchor emission-free for 15 days or cruise 1000 miles at slow speed!

The first vessel to feature the technology will reportedly be delivered in 2025 and, as Lürssen said **"It will push the eco-friendliness of yachts to a new dimension in the new future"**. In the meantime Lürssen sets-up an Innovation Laboratory to simulate and test the integration and operation of a Marine Hybrid Fuel Cell System on board a yacht powered by methanol. Essentially, the plant converts methanol into hydrogen, which is then used in fuel cells to generate electricity.



Source: lürssen

The new technology will make it possible to anchor emission-free for 15 days or cruise 1000 nautical miles at a slow speed

This isn't the first time we've seen fuel cells pop up in superyacht design. In September 2019, Sinot unveiled the radical 360-foot concept Aqua which was fitted with a hydrogen propulsion system. However, Aqua's setup will be fully powered by liquid hydrogen whereas **Lürssen's plant converts methanol into hydrogen**. Methanol is much easier to handle and store than liquid hydrogen and can still carry a lot of hydrogen within its chemical composition.

This new project is a milestone to a greener era of the superyacht industry. It will definitely bring Peter Lürssen a step closer to realize his dream: "my grandfather built the world's first motorboat in 1886, my dream is to be the first to build a yacht without a combustion engine".

Chiara de Girolamo



Source: wikicommons

My grandfather built the world's first motorboat in 1886. My dream is to be the first to build a yacht without a combustion engine



M/Y Beluga chartering goes green!

M/Y Beluga is a 35-metre superyacht based in Port Douglas Queensland, custom-built by Moonen with a robust elegant style. It was already recognized for being leader in marine conservation and this year it has been crowned **Yacht of the Year in Boat International's Ocean Awards 2021**, introduced by the Australia-based yacht agency Ocean Alliance. This award, sponsored by Arksen, acknowledges private vessels, their owners, and crew that have actively helped enhance the health of the ocean.



Source: bluemarinefoundation.com

M/Y Beluga was awarded for its contribution to the marine ecosystem as it was the first superyacht ever to take part in the **Great Reef Census**, a citizen-science initiative launched in October 2020 by the Association Citizens of the Great Barrier Reef. The Great Reef Census was designed to pilot new ways of capturing large-scale reconnaissance data across the Australian Great Barrier Reef, up to 40% of which had never been mapped previously.



Source: moonen.com





Source: moonen.com

Thanks to this project anyone can give its support to the marine research by simply chartering MY Beluga. During a charter guests can host biologists and scientists onboard as part of a custom itinerary, and at the same time they can learn about the Reef's diverse ecosystem and follow the progress and results of their survey. The contribution of M/Y Beluga is playing a crucial role as the data collected with their photographs will allow researchers better understand how the reef is changing year by year under climate change.

As the Founder of Ocean Alliance said, **"this is a great opportunity to encourage a culture of yachting for purpose and offer charterers the ability to incorporate a meaningful contribution to the ecosystem in which they are experiencing"**.

We believe this is a powerful way to raise awareness about the ocean conservation and we really hope this Award will encourage more superyacht owners and charter guests to be part of this exciting project, to support to the future of our oceans while enjoying the sea!



Source: superyachtcontent

Chiara de Geronimo

Events & Media



Stay tuned -
not only via VHF

MYS goes Green



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The long way by Moitessier

The book is about the story of **Bernard Moitessier**, one of the world's best-known sailors who set off from Plymouth on his sailboat Joshua in 1968, to take part in the **first non-stop solo Golden Globe race**.

After ten months of sailing he had already passed Cape Horn, a month ahead of the other participants, when **he decided to quit the race and renounce to the award, to continue the navigation alone**.

The Long way describes the story of this incredible journey, including the battles against bad weather and storms faced during the navigation, and the techniques used. It's a personal introspection where we find important themes such as **the search for the meaning of life and the rediscovery of essential values**, in contrast with a society where speed and excess are often dominant.

An interesting and committed reading, that can truly be a source of inspiration for all of us. It's a must-read book for those who are passionate about the sea and sailing.



Alone, between sky and sea

Longa Vi Fea



Seaspiracy: the shocking documentary about fishing

Seaspiracy, an iconic title for one of the most controversial Netflix documentaries of the year: the syneresis between **Sea and Conspiracy** let us clearly understand the ultimate goal of the 90-minute Netflix documentary directed by Ali Tabrizi, a British 27-year-old filmmaker.

The film's director is also the main character of the movie, who guides us through reports, statistics and interviews in search of an answer to the (difficult) question: **how much does uncontrolled fishing harm our seas and our planet?**

The documentary, which entered the Netflix Top 10 in more than 32 countries, has raised different and controversial reactions among viewers, creating a real debate especially online.



**Sea and
Conspiracy in
the controversial
and shocking
Netflix
documentary**

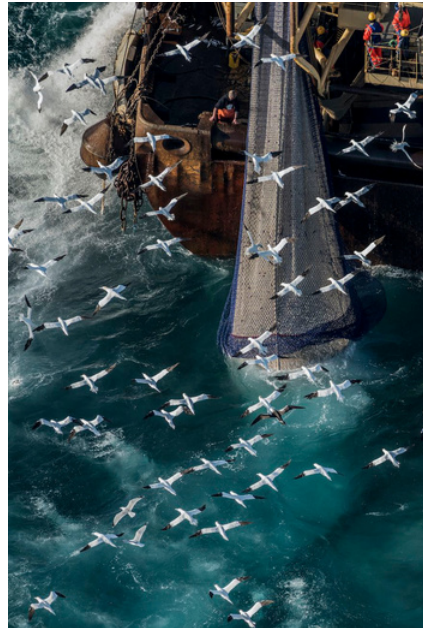
From one side there are those who have radically changed their habits after watching the movie. Lots of VIP have already joined this revolution, like Kourtney Kardashian, who has announced to have definitely removed fish from her diet. From the other side there are those who consider the film misleading, due to some false or out of context statistics. One example is the statement "by 2048 oceans will be empty of fish" which refers to a study that was already denied by its author.



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The film is about the impact of uncontrolled fishing on the marine ecosystems: starting from the slaughter of the much-loved dolphins, moving to the slaughter of the much-feared sharks, whose fins are used in some Asian countries to prepare sought-after dishes.

It is hard to imagine that about 10 people die from shark attacks every year, while **humans kill between 11,000 and 30,000 sharks every hour**. The victims of fishing are countless, both in species and quantity, and very often they are even caught by mistake. The documentary also deals with the issue of plastics in the sea, most of which come from fishing nets and other fishing materials.



Source: adventure-journal.com



90 minutes of suspense, hidden filming and attempted censorship, in which there is no lack of intimidation. We don't want to reveal too much as we want to leave it to you to draw your own conclusion, but certainly a merit to *Seaspiracy* must be recognized: it has brought to the surface many issues, often forgotten.

Lorenza Di Feo



Events & Media

Venice Boat Show 2021

"The art of shipbuilding is backhome"

With this slogan Venice has opened its doors to the Venice Boat show for the second edition, an exhibition showcasing the best of the Italian and international boating in one of the most beautiful city of the world!



The Venice Boat show took place from May 29th to June 6th at the Arsenale of Venice and has welcomed more than 220 boats and 160 exhibitors, with a water basin of 50,000 m2, over 1000 linear metres of pontoons, 30,000 m2 of outdoor exhibition spaces, and 5,000 m2 indoor pavilions.

Tradition, innovation and sustainability have been the protagonists of this year, with an entire section dedicated to hybrid engines and full electric technologies called the **E-Village**, as well as a calendar of events about sustainability.



Source: venetonotizie

Among them the conference devoted to **"Yacht Design and Sustainability"**, which saw the participation of various players from the world of production and design who explored the different positions regarding the reduction of environmental impact at sea. The "transversal" conclusion of the various speeches was that it is not enough to say "electric" to change the impact, but that we need to consider the entire life cycle of a ship or boat, from its construction to its energy consumption.



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Source: salonenauticovenezia

One of the most important events in program was the first **Full Electric "E Regatta"**. It was an intensive three-day event aimed to show the world the performances and innovations of tomorrow's more eco- friendly boats.

Another key moment was the conference "**Oceani sunt servandi**", organised by the Italian Navy: two days of study and in-depth analysis on the issues related to the protection of the oceans as an essential resource for human life. While the conference "**Waterfronts: reflections on water fronts**" focused on the design of coastlines, sea fronts, respecting the environment and the coastline from an urban, tourist, and economic point of view, with a view to sustainable innovation, focusing on the vulnerability of the coastline following climate change.



Source: salonenauticovenezia

What else can we say? During these 9 days the Arsenale has been the stage to launch **Venice as the world capital of sustainability!** More than just a Boat show, this event was an opportunity to show the glorious past of Venice, the boat innovations of today, and a bright future with new technologies for the boats of tomorrow.

Philippe-Louis Mace



Events & Media

Save the date for the next Events!

VELE D'EPOCA

IMPERIA

2nd - 5th September 2021



YACHTING FESTIVAL



CANNES

7th-12th September 2021

CANNES - VIEUX PORT & PORT PIERRE CANTO

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61st BOAT
SHOW

SAVE THE DATE

Genoa, 16th-21st September 2021

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MONACO
YACHT SHOW

MONACO YACHT SHOW

22 - 25 SEPTEMBER 2021



Stories from the Sea



Log
Books

MYS goes Green



Stories from
the Sea

Sophie Bellando – from pain to gain - winning over sea sickness

For this third edition of MYS Goes Green Magazine we have chosen to interview **Sophie Bellando, an inspiring woman who has suffered from motion sickness for all of her life**, but decided to face her biggest fear and eventually won over it!

Since Sophie was a little girl travelling by car was always a nightmare to her. She told us that she still remembers very well, when simply going to the supermarket by car with her father was getting her sick after 10 minutes of road only. Unfortunately, this has never changed, not even when she turned into an adult. Riding a car, a boat, even on a train or on a plane...she could not talk, read nor look at a screen or to her phone without being sick. Only taking a walk on the port of Menton, her hometown, got her feeling really bad, simply by being on the moving dock.



Although she had this strong sickness since the very beginning of her life, that was never a big deal to her, until **she started a relationship with...no less than...a Captain!** Will, her partner, was not only passionate about the sea, he made the sea his own job!

In that very moment Sophie realized that something had to change but the very big step was taken when, a year ago, she got the opportunity to do a yacht cruise with some good friends who invited them. Imagine...Will was really enthusiastic about this idea, but Sophie, on her side, was absolutely stressed and worried. Indeed, just the concept of sleeping and living on the boat for a week made her nauseous!

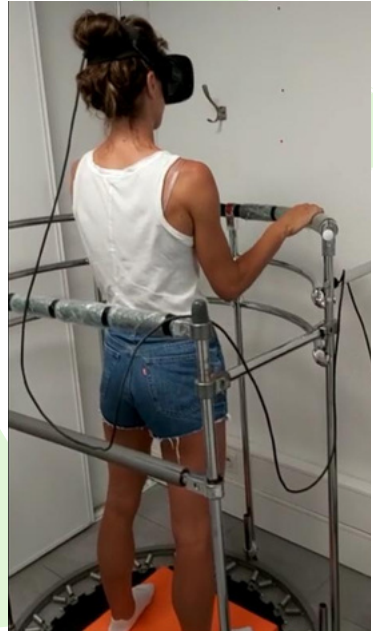
But as we were saying, Sophie is a strong and inspiring girl, who loves challenges and most of all she loves Will, so she wanted to do her best to overcome this condition to please him and make him happy.





In that very moment she also realized she was missing out so many parts of the beautiful French Riviera, where she lived her whole life, and because of this, she has never really discovered the wonderful coastal landscapes of the area...At that point one thing was left to be done. Sophie went to see her doctor, who advised her to meet a specialist of the inner ear to do some sessions of "vestibular rehabilitation".

The idea was to train the brain to get used to this conflict between the perception of the eyes and the inner ear in order to diminish the disbalance. So basically, to trick the brain with different exercises, for example standing on her feet on a moving smooth floor (trampoline or foam) while wearing 3D glasses showing videos in which she was the co-pilot in a car on mountain roads.



Obviously, she got sick really often doing this exercise, but step by step she was more and more resistant until the moment that, after 10 sessions, it finally became easy! Sophie even started being optimistic for the upcoming yacht cruise, but when the day arrived, she was really not confident about this first real trial. After 30 years of sea sickness Sophie was obviously a bit skeptical... but against all odds she did not feel sick once! The holidays was perfectly enjoyed, the objective was totally hit!

After few days, she did not even feel the difference between being on board and on the ground. She managed to make the most out this amazing trip with her friends and now she can't wait to do it again! "Eating on board, sleeping on board, reading on board...if you told me that one year ago, I would have told you that it's impossible! Mais impossible n'est pas Français (nothing is impossible for french people!)", she says.



When we asked Sophie to give us some suggestions for other people, this is how this incredible girl replied: "Trust yourself and don't listen to people that think that you are seasick just because you are scared! If you have the willingness to get over it and if you have the desire to feel comfortable on a boat trip, you can do it! You just need a good inner ear rehabilitation and a good motivation!"

Well, what can we say? If she, as a suffering child, made it happen, what could stop you? **Well done Sophie, may you keep enjoying your rides, everywhere!**

"Trust yourself and don't listen to people that think that you are seasick just because you are scared! If you have the willingness to get rid of it and if you have the desire to feel comfortable on a boat trip, you can do it!"

Alessandra Di Feo





Stories from
the Sea

Flying back home

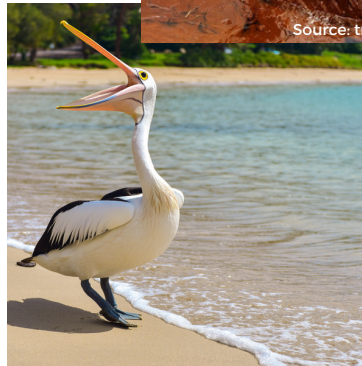
Do you remember the **environmental disaster of the Deepwater Horizon station**, which caused unimaginable damages in the Gulf of Mexico? Since then eleven years have passed and there are finally some good news coming. It's about the **"homecoming"** of the pelican Red33Z, who has been able to return to its eco-system after this long time. But let's take a step back to the beginning of the story.

Deepwater Horizon was a semi-submersible ultra-deepwater drilling rig, with dynamic positioning, owned by Transocean. It was built in 2001 in South Korea by Hyundai Heavy Industries. On April 20th 2010, during a drilling campaign in the Macondo well, located at a depth of 1,500 metres, there was an explosion on the platform that caused the death of eleven crew members. It was impossible to put down the fire and after two days the Horizon sank, leaving the well with no back pressure on the seabed and, as a consequence, causing the largest marine oil spill of the history. The oil continued to spill into the ocean for about 106 days and rivers of oil washed up on the coasts of Louisiana, Mississippi, Alabama and Florida, not to mention the amount of oil flowed into the seabed.

During the 'oil spill' disaster, rescuers tried to save many marine animals, including the pelican named Red33Z.

He was almost entirely covered with crude oil and he was about to die. The pelican was thus transferred to a veterinary facility, where he immediately showed good signs of recovery. However, once he had fully recovered, it was impossible to put him back to its natural habitat, so he was reintroduced in a new habitat in Georgia, back to the freedom.

It seems that **after 11 years, Red33Z has been spotted in the same area where he was rescued**; therefore he has been flying over 77 miles, that means approximately 1120 kilometres!





Seabirds tend to return to their native land mainly for the breeding season.

Over the last few years, the state of Louisiana has been working hard to clean up and restore the ecosystem, making the island of Queen Bess habitable again. It seems that now **it's time for Red33Z to return home!**

This short story is emblematic of what is happening on a large scale all over the world. The carelessness and violence of human beings towards the planet, especially since the industrial revolution, have inevitably led to some environmental disasters, and now we have to face the consequences trying to solve them. There is still a lot of work to be done, because in many cases there are very badly damaged areas to be restored. At the same time we should completely change our approach to Nature and the ecosystem where we live.

Only if we change our attitude and start to act consciously towards the environment, we will be able to "return home", just like Red33Z, to whom we wish a safe flight!





Stories from
the Sea



Tell us your story to become the protagonist
of the next edition of the magazine!

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Traveling...in Green Style!



The summer season has finally arrived and it's almost time to pack your luggage! Have you considered traveling in green style? Wherever you're traveling to on your next adventure, there are plenty of ways to reduce the impact your trip has on the environment. **By simply choosing eco-friendly travel products instead of common commercial products, you can give your own contribution to the health of our environment with very little effort.**

That's why we have decided to end this third edition of "MYS goes Green - The Magazine" with a short list of natural and eco-friendly travel products. The must-have for traveling in green style!

ORGANIC SUNSCREEN: did you know that traditional sunscreens contain chemicals that are harmful to coral reefs and marine life? That's why choosing a sunscreen based on organic natural ingredients is the right choice for every ocean lover. It's an act of kindness not only to the health of the sea but also the health of your skin.



SOLID TOILETRIES: soap, shampoo & conditioner bars are a great alternative to the common ones. They are zero waste, reduce the environmental impact, last longer and they can easily be placed inside hand luggage without restrictions on liquids. It doesn't get better than this!

BAMBOO TOOTHBRUSH: millions of plastic toothbrushes are thrown away every year. That's why bamboo is the perfect eco-friendly alternative: it is a fast-growing, low-maintenance crop and it's 100% biodegradable.

PLASTIC FREE TOOTHPASTE: toothpaste is a major culprit for plastic pollution, with roughly 1.5 billion tubes being thrown away every year across the globe. To avoid adding to that statistic, you can go tube-free by choosing a sustainable toothpaste in powder, tablets or in a glass jar.

ECOLOGICAL DEODORANT: zero-waste deodorants are a great way to reduce your personal waste. There are a lot of packaging alternatives like cardboard, cork or bamboo. Additionally an organic and natural product is not only an excellent choice for the environment but also for your body.

BIODEGRADABLE COTTON BUDS: a huge amount of cotton buds every year is not recycled and end up in our oceans. Why not replacing traditional cotton buds with a biodegradable alternative?

SOLAR POWER BANK: the solar power bank will turn into your best friend when traveling as it allows to recharge the batteries of your phone wherever you will go, while respecting the environment.

REUSABLE WATER BOTTLE: buying plastic bottled water has a terrible impact on the environment. Traveling with a reusable water bottle made from sustainable materials is definitely a much better, less waste-creating choice. There are so many beautiful stainless steel and bamboo eco water bottle options on the market, that you are spoilt for choice!



The above suggestions are only a few simple tips to inspire the change. They may sound just like a drop in the ocean, but the truth is that it's small steps like these that ultimately make the biggest impact! So let's start thinking and traveling in a more sustainable way.

**With our choices and our lifestyle we can make a difference.
We can do it together!**



Happy Green Holidays to Everyone!





**We are always by your side,
especially during your holidays!**

**Come to visit us to collect a gift
for your vacations in green style!**



We are waiting for you!

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Play with MYS!

Are you curious?

Find the words in the crossword puzzle, stating some of our services.
The remaining letters will reveal you the gift we have prepared for you!

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"The future depends
on what you do today"

Mahatma Gandhi



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